

Belton ISD

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Mar 1, 2024 thru Mar 31, 2024

Big Red Drive In/ The Grill

Generated on: 2/28/2024 3:05:23 PM

	Portion Size	Cals (kcal)	Carb (g)
Fri - 03/01/2024			
Big Red Drive In/ The Grill	Total		
Chicken, W.Muscle,Sandwich	Sandwich	360	41.0
Chicken, W.Muscle, Spicy Sand.	Sandwich	360	41.0
HAMBURGER (3.0) on Wheat Bun*	SERVING	371	33.0
CHEESEBURGER on Wheat Bun-HS	1 each	397	33.34
PICKLE 4 SLICES, CONDIMENT	4 SLICES	3	0.67
SANDWICH FIXINGS, Condiment	1 Each	12	2.5
Corn Dog: Mini Turkey	Serv (9)	361	36.09
POTATO, SEASONED CRINKLE CUT	3 OZ EACH	130	22.0
Salad, Green (Side)	1 cup srvg	37	7.72
Ranch, Cup Light 1 oz.	1 Each	70	1.0
Dressing, Italian, 1oz	1 oz.	113	1.89
SIDEKICKS, BLUERASP-LEMON	1 EACH	88	21.61
SIDEKICKS, SOURCHERRY-LEMON	1 EACH	90	23.0
SIDEKICKS, STRAWBERRY-MANGO	1 EACH	90	23.0
APPLE: Whole	1 CUP	29	8.0
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
KETCHUP PPI, Low Na #2	2 PACKETS	20	4.0
MUSTARD, PREPARED - PPI*	1 each	4	0.23
Chick Fil A Sauce	1 oz	52	11.89
Weighted Daily Average		2832	347.07
% of Calories			49.0%
Nutrient Guideline		750-850	

Mon - 03/04/2024			
Big Red Drive In/ The Grill	Total		
Chicken, W.Muscle,Sandwich	Sandwich	360	41.0
Chicken, W.Muscle, Spicy Sand.	Sandwich	360	41.0
HAMBURGER (3.0) on Wheat Bun*	SERVING	371	33.0
CHEESEBURGER on Wheat Bun-HS	1 each	397	33.34
PICKLE 4 SLICES, CONDIMENT	4 SLICES	3	0.67
SANDWICH FIXINGS, Condiment	1 Each	12	2.5
POTATO, SEASONED CRINKLE CUT	3 OZ EACH	130	22.0
Wrap, Ranch CK Faji 9"tortilla	9" wrap	435	36.05
Carrots, Baby*	1 Each	35	8.0
Ranch, Cup Light 1 oz. PPI*	1 Each	70	1.0
GREEN BEANS, Frozen, Seasoned	1/2 CUP	24	5.34
PEACHES,Canned Slices	1/2 cup	55	14.49
ORANGE: WHOLE	1 EACH	86	21.62
APPLE: Whole	1 CUP	29	8.0
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
PICKLE 4 SLICES, CONDIMENT	4 SLICES	3	0.67
KETCHUP PPI, Low Na #2	2 PACKETS	20	4.0
Chick Fil A Sauce	1 oz	52	11.89
Weighted Daily Average		2634	307.83
% of Calories			46.7%
Nutrient Guideline		750-850	

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Big Red Drive In/ The Grill

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	Portion Size	Cals (kcal)	Carb (g)
Tue - 03/05/2024			
Big Red Drive In/ The Grill	Total		
Chicken, W.Muscle,Sandwich	Sandwich	360	41.0
Chicken, W.Muscle, Spicy Sand.	Sandwich	360	41.0
HAMBURGER (3.0) on Wheat Bun*	SERVING	371	33.0
CHEESEBURGER on Wheat Bun-HS	1 each	397	33.34
PICKLE 4 SLICES, CONDIMENT	4 SLICES	3	0.67
SANDWICH FIXINGS, Condiment	1 Each	12	2.5
CORN: Frozen, Seasoned	1/2 cup	73	17.4
CUCUMBER SLICES*	1/2 CUP	8	1.89
Ranch, Cup Light 1 oz.	1 Each	70	1.0
Mango, Frozen Chunks	1/2 cup	73	16.99
ORANGE: WHOLE	1 EACH	86	21.62
APPLE: Whole	1 CUP	29	8.0
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
KETCHUP PPI, Low Na #2	2 PACKETS	20	4.0
Chick Fil A Sauce	1 oz	52	11.89
Weighted Daily Average		2158	269.44
% of Calories			49.9%
Nutrient Guideline		750-850	

Wed - 03/06/2024			
Big Red Drive In/ The Grill	Total		
Chicken, W.Muscle,Sandwich	Sandwich	360	41.0
Chicken, W.Muscle, Spicy Sand.	Sandwich	360	41.0
HAMBURGER (3.0) on Wheat Bun*	SERVING	371	33.0
CHEESEBURGER on Wheat Bun-HS	1 each	397	33.34
PICKLE 4 SLICES, CONDIMENT	4 SLICES	3	0.67
SANDWICH FIXINGS, Condiment	1 Each	12	2.5
GREEN BEANS: Canned, Seasoned	1/2 CUP	21	4.27
POTATO, SEASONED CRINKLE CUT	3 OZ EACH	130	22.0
CRANBERRIES, DRIED, IW	1/2 CUP	110	28.0
ORANGE: WHOLE	1 EACH	86	21.62
APPLE: Whole	1 CUP	29	8.0
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
KETCHUP PPI, Low Na #2	2 PACKETS	20	4.0
MUSTARD, PREPARED - PPI*	1 each	4	0.23
Chick Fil A Sauce	1 oz	52	11.89
Weighted Daily Average		2199	286.65
% of Calories			52.1%
Nutrient Guideline		750-850	

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Mar 1, 2024 thru Mar 31, 2024

Big Red Drive In/ The Grill

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	Portion Size	Cals (kcal)	Carb (g)
Thu - 03/07/2024			
Big Red Drive In/ The Grill	Total		
Chicken, W.Muscle,Sandwich	Sandwich	360	41.0
Chicken, W.Muscle, Spicy Sand.	Sandwich	360	41.0
HAMBURGER (3.0) on Wheat Bun*	SERVING	371	33.0
CHEESEBURGER on Wheat Bun-HS	1 each	397	33.34
PICKLE 4 SLICES, CONDIMENT	4 SLICES	3	0.67
SANDWICH FIXINGS, Condiment	1 Each	12	2.5
Corn Dog: Mini Turkey	Serv (9)	361	36.09
BROCCOLI:1/2c- Frozen*	1/2 cup	21	2.78
Sauce, Cheese	1/4 Cup	87	3.34
Carrots, Baby*	1 Each	35	8.0
Ranch, Cup Light 1 oz.	1 Each	70	1.0
APPLESAUCE	1/2 cup	63	14.61
Strawberries,Frozen,1/2 Cup IW	1 Each	80	21.0
ORANGE: WHOLE	1 EACH	86	21.62
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
KETCHUP PPI, Low Na #2	2 PACKETS	20	4.0
Chick Fil A Sauce	1 oz	52	11.89
Weighted Daily Average		742	103.07
% of Calories			55.5%
Nutrient Guideline		750-850	

Fri - 03/08/2024			
Big Red Drive In/ The Grill	Total		
Chicken, W.Muscle,Sandwich	Sandwich	360	41.0
Chicken, W.Muscle, Spicy Sand.	Sandwich	360	41.0
HAMBURGER (3.0) on Wheat Bun*	SERVING	371	33.0
CHEESEBURGER on Wheat Bun-HS	1 each	397	33.34
PICKLE 4 SLICES, CONDIMENT	4 SLICES	3	0.67
SANDWICH FIXINGS, Condiment	1 Each	12	2.5
Corn Dog: Mini Turkey	Serv (9)	361	36.09
Salad, Green (Side)	1 cup srvg	37	7.72
Ranch, Cup Light 1 oz.	1 Each	70	1.0
Dressing, Italian, 1oz	1 oz.	113	1.89
POTATO, SEASONED CRINKLE CUT	3 OZ EACH	130	22.0
SIDEKICKS, BLUERASP-LEMON	1 EACH	88	21.61
SIDEKICKS, SOURCHERRY-LEMON	1 EACH	90	23.0
SIDEKICKS, STRAWBERRY-MANGO	1 EACH	90	23.0
APPLE: Whole	1 CUP	29	8.0
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
KETCHUP PPI, Low Na #2	2 PACKETS	20	4.0
MUSTARD, PREPARED - PPI*	1 each	4	0.23
Chick Fil A Sauce	1 oz	52	11.89
Weighted Daily Average		2699	324.94
% of Calories			48.2%
Nutrient Guideline		750-850	

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Mar 1, 2024 thru Mar 31, 2024

Big Red Drive In/ The Grill

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	Portion Size	Cals (kcal)	Carb (g)
Mon - 03/18/2024			
Big Red Drive In/ The Grill	Total		
Chicken, W.Muscle,Sandwich	Sandwich	360	41.0
Chicken, W.Muscle, Spicy Sand.	Sandwich	360	41.0
HAMBURGER (3.0) on Wheat Bun*	SERVING	371	33.0
CHEESEBURGER on Wheat Bun-HS	1 each	397	33.34
PICKLE 4 SLICES, CONDIMENT	4 SLICES	3	0.67
SANDWICH FIXINGS, Condiment	1 Each	12	2.5
Wrap, Ranch CK Faji 9"tortilla	9" wrap	435	36.05
POTATO, TATER TOTS, ORE-IDA	9 PIECES	130	16.0
Carrots, Baby*	1 Each	35	8.0
Ranch, Cup Light 1 oz. PPI*	1 Each	70	1.0
GREEN BEANS, Frozen, Seasoned	1/2 CUP	24	5.34
PEACHES,Canned Slices	1/2 cup	55	14.49
ORANGE: WHOLE	1 EACH	86	21.62
APPLE: Whole	1 CUP	29	8.0
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
KETCHUP PPI, Low Na #2	2 PACKETS	20	4.0
Chick Fil A Sauce	1 oz	52	11.89
Weighted Daily Average		914	118.96
% of Calories			52.1%
Nutrient Guideline		750-850	

Tue - 03/19/2024			
Big Red Drive In/ The Grill	Total		
Chicken, W.Muscle,Sandwich	Sandwich	360	41.0
Chicken, W.Muscle, Spicy Sand.	Sandwich	360	41.0
HAMBURGER (3.0) on Wheat Bun*	SERVING	371	33.0
CHEESEBURGER on Wheat Bun-HS	1 each	397	33.34
PICKLE 4 SLICES, CONDIMENT	4 SLICES	3	0.67
SANDWICH FIXINGS, Condiment	1 Each	12	2.5
CORN: Frozen, Seasoned	1/2 cup	73	17.4
CUCUMBER SLICES*	1/2 CUP	8	1.89
Ranch, Cup Light 1 oz.	1 Each	70	1.0
Strawberries,Frozen,1/2 Cup IW	1 Each	80	21.0
Mango, Frozen Chunks	1/2 cup	73	16.99
APPLE: Whole	1 CUP	29	8.0
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
KETCHUP PPI, Low Na #2	2 PACKETS	20	4.0
Chick Fil A Sauce	1 oz	52	11.89
Weighted Daily Average		811	123.49
% of Calories			60.9%
Nutrient Guideline		750-850	

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Mar 1, 2024 thru Mar 31, 2024

Big Red Drive In/ The Grill

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	Portion Size	Cals (kcal)	Carb (g)
Wed - 03/20/2024			
Big Red Drive In/ The Grill	Total		
Chicken, W.Muscle,Sandwich	Sandwich	360	41.0
Chicken, W.Muscle, Spicy Sand.	Sandwich	360	41.0
HAMBURGER (3.0) on Wheat Bun*	SERVING	371	33.0
CHEESEBURGER on Wheat Bun-HS	1 each	397	33.34
PICKLE 4 SLICES, CONDIMENT	4 SLICES	3	0.67
SANDWICH FIXINGS, Condiment	1 Each	12	2.5
GREEN BEANS: Canned, Seasoned	1/2 CUP	21	4.27
POTATO, SEASONED CRINKLE CUT	3 OZ EACH	130	22.0
PEARS :cnd 1/2cup	1/2 CUP	60	16.08
ORANGE: WHOLE	1 EACH	86	21.62
APPLE: Whole	1 CUP	29	8.0
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
KETCHUP PPI, Low Na #2	2 PACKETS	20	4.0
MUSTARD, PREPARED - PPI*	1 each	4	0.23
Chick Fil A Sauce	1 oz	52	11.89
Weighted Daily Average		822	130.31
% of Calories			63.4%
Nutrient Guideline		750-850	

Thu - 03/21/2024			
Big Red Drive In/ The Grill	Total		
Chicken, W.Muscle,Sandwich	Sandwich	360	41.0
Chicken, W.Muscle, Spicy Sand.	Sandwich	360	41.0
HAMBURGER (3.0) on Wheat Bun*	SERVING	371	33.0
CHEESEBURGER on Wheat Bun-HS	1 each	397	33.34
PICKLE 4 SLICES, CONDIMENT	4 SLICES	3	0.67
SANDWICH FIXINGS, Condiment	1 Each	12	2.5
Corn Dog: Mini Turkey	Serv (9)	361	36.09
POTATO, TATER TOTS, ORE-IDA	9 PIECES	130	16.0
BROCCOLI:1/2c- Frozen*	1/2 cup	21	2.78
Sauce, Cheese	1/4 Cup	87	3.34
Carrots, Baby*	1 Each	35	8.0
Ranch, Cup Light 1 oz.	1 Each	70	1.0
Strawberries,Frozen,1/2 Cup IW	1 Each	80	21.0
ORANGE: WHOLE	1 EACH	86	21.62
APPLE: Whole	1 CUP	29	8.0
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
KETCHUP PPI, Low Na #2	2 PACKETS	20	4.0
Chick Fil A Sauce	1 oz	52	11.89
Weighted Daily Average		620	84.19
% of Calories			54.3%
Nutrient Guideline		750-850	

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Mar 1, 2024 thru Mar 31, 2024

Big Red Drive In/ The Grill

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	Portion Size	Cals (kcal)	Carb (g)
Fri - 03/22/2024			
Big Red Drive In/ The Grill	Total		
Chicken, W.Muscle,Sandwich	Sandwich	360	41.0
Chicken, W.Muscle, Spicy Sand.	Sandwich	360	41.0
HAMBURGER (3.0) on Wheat Bun*	SERVING	371	33.0
CHEESEBURGER on Wheat Bun-HS	1 each	397	33.34
PICKLE 4 SLICES, CONDIMENT	4 SLICES	3	0.67
SANDWICH FIXINGS, Condiment	1 Each	12	2.5
Corn Dog: Mini Turkey	Serv (9)	361	36.09
POTATO, SEASONED CRINKLE CUT	3 OZ EACH	130	22.0
Salad, Green (Side)	1 cup srvg	37	7.72
Ranch, Cup Light 1 oz.	1 Each	70	1.0
Dressing, Italian, 1oz	1 oz.	113	1.89
SIDEKICKS, BLUERASP-LEMON	1 EACH	88	21.61
SIDEKICKS, SOURCHERRY-LEMON	1 EACH	90	23.0
APPLE: Whole	1 CUP	29	8.0
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
KETCHUP PPI, Low Na #2	2 PACKETS	20	4.0
MUSTARD, PREPARED - PPI*	1 each	4	0.23
Chick Fil A Sauce	1 oz	52	11.89
Weighted Daily Average		833	105.15
% of Calories			50.5%
Nutrient Guideline		750-850	

Mon - 03/25/2024			
Big Red Drive In/ The Grill	Total		
Chicken, W.Muscle,Sandwich	Sandwich	360	41.0
Chicken, W.Muscle, Spicy Sand.	Sandwich	360	41.0
HAMBURGER (3.0) on Wheat Bun*	SERVING	371	33.0
CHEESEBURGER on Wheat Bun-HS	1 each	397	33.34
PICKLE 4 SLICES, CONDIMENT	4 SLICES	3	0.67
SANDWICH FIXINGS, Condiment	1 Each	12	2.5
POTATO, SEASONED CRINKLE CUT	3 OZ EACH	130	22.0
GREEN BEANS: Canned, Seasoned	1/2 CUP	21	4.27
ORANGE: WHOLE	1 EACH	86	21.62
PEARS, DICED, CN, LIGHT	1/2 Cup	60	16.0
APPLE: Whole	1 CUP	29	8.0
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
KETCHUP PPI, Low Na #2	2 PACKETS	20	4.0
MUSTARD, PREPARED - PPI*	1 each	4	0.23
Chick Fil A Sauce	1 oz	52	11.89
Weighted Daily Average		822	130.31
% of Calories			63.4%
Nutrient Guideline		750-850	

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Mar 1, 2024 thru Mar 31, 2024

Big Red Drive In/ The Grill

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	Portion Size	Cals (kcal)	Carb (g)
Tue - 03/26/2024			
Big Red Drive In/ The Grill	Total		
Chicken, W.Muscle,Sandwich	Sandwich	360	41.0
Chicken, W.Muscle, Spicy Sand.	Sandwich	360	41.0
HAMBURGER (3.0) on Wheat Bun*	SERVING	371	33.0
CHEESEBURGER on Wheat Bun-HS	1 each	397	33.34
PICKLE 4 SLICES, CONDIMENT	4 SLICES	3	0.67
SANDWICH FIXINGS, Condiment	1 Each	12	2.5
Corn Dog: Mini Turkey	Serv (9)	361	36.09
POTATO, TATER TOTS, ORE-IDA	9 PIECES	130	16.0
Salad, Green (Side)	1 cup srvg	37	7.72
Ranch, Cup Light 1 oz.	1 Each	70	1.0
Dressing, Italian, 1oz	1 oz.	113	1.89
SIDEKICKS, BLUERASP-LEMON	1 EACH	88	21.61
SIDEKICKS, SOURCHERRY-LEMON	1 EACH	90	23.0
APPLE: Whole	1 CUP	29	8.0
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
KETCHUP PPI, Low Na #2	2 PACKETS	20	4.0
MUSTARD, PREPARED - PPI*	1 each	4	0.23
Chick Fil A Sauce	1 oz	52	11.89
Weighted Daily Average		810	90.01
% of Calories			44.4%
Nutrient Guideline		750-850	

Wed - 03/27/2024			
Big Red Drive In/ The Grill	Total		
Chicken, W.Muscle,Sandwich	Sandwich	360	41.0
Chicken, W.Muscle, Spicy Sand.	Sandwich	360	41.0
HAMBURGER (3.0) on Wheat Bun*	SERVING	371	33.0
CHEESEBURGER on Wheat Bun-HS	1 each	397	33.34
PICKLE 4 SLICES, CONDIMENT	4 SLICES	3	0.67
SANDWICH FIXINGS, Condiment	1 Each	12	2.5
Corn Dog: Mini Turkey	Serv (9)	361	36.09
POTATO, SEASONED CRINKLE CUT	3 OZ EACH	130	22.0
GREEN BEANS: Canned, Seasoned	1/2 CUP	21	4.27
Strawberries,Frozen,1/2 Cup IW	1 Each	80	21.0
TROPICAL FRUIT	1/2 cup serve	87	20.4
ORANGE: WHOLE	1 EACH	86	21.62
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
KETCHUP PPI, Low Na #2	2 PACKETS	20	4.0
MUSTARD, PREPARED - PPI*	1 each	4	0.23
Chick Fil A Sauce	1 oz	52	11.89
Weighted Daily Average		746	100.69
% of Calories			54.0%
Nutrient Guideline		750-850	

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	Portion Size	Cals (kcal)	Carb (g)
Thu - 03/28/2024			
Big Red Drive In/ The Grill	Total		
Chicken, W.Muscle,Sandwich	Sandwich	360	41.0
Chicken, W.Muscle, Spicy Sand.	Sandwich	360	41.0
HAMBURGER (3.0) on Wheat Bun*	SERVING	371	33.0
CHEESEBURGER on Wheat Bun-HS	1 each	397	33.34
PICKLE 4 SLICES, CONDIMENT	4 SLICES	3	0.67
SANDWICH FIXINGS, Condiment	1 Each	12	2.5
Wrap, Ranch CK Faji 9"tortilla	9" wrap	435	36.05
POTATO, TATER TOTS, ORE-IDA	9 PIECES	130	16.0
Carrots, Baby*	1 Each	35	8.0
Ranch, Cup Light 1 oz. PPI*	1 Each	70	1.0
Peaches, Frozen, Cup 1/2 cup	1 Each	90	21.0
ORANGE: WHOLE	1 EACH	86	21.62
APPLE: Whole	1 CUP	29	8.0
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
KETCHUP PPI, Low Na #2	2 PACKETS	20	4.0
Chick Fil A Sauce	1 oz	52	11.89
Weighted Daily Average		924	120.13
% of Calories			52.0%
Nutrient Guideline		750-850	

Weighted Average		1371	176.15
			51.4%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	1371		750 - 850	161%			521	
Carbohydrate (g)	176.15	51.39%						Correction Required - Calories too High

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.